

## Poster presentation at 6<sup>th</sup> IPNACS conference, Manila 2018

The International Conference on Pharmaceutical, Nutraceutical and Cosmetic Science is an annual conference founded by 6 universities from Japan, Thailand, Indonesia, Malaysia, Philippines. Every year, IPNACS is a venue for pharmacy researchers, academics, students from various institutes in the Asia-Pacific region to present their works through oral or poster presentations and to discuss issues, best practices and newly generated information.



The theme of this year was “Innovations and Better Compliance in Pharmaceutical, Nutraceutical and Cosmetic Science through Research and Regulations”. This year conference was held at University of Santo Tomas, Manila, Philippines on November 22-23, 2018.

I have registered to do a poster presentation in IPNACS, along with about 50 students from universities of many other countries in Asia. My research title was “Preparation and Evaluation of Transdermal Application of Cubosomes Prepared by Phytantriol and Glycerol Monooleate”. This conference gave me a chance to present my research that I’m working in the University of Shizuoka. I am doing research about cubosomes which is a nanoparticle drug-carrier: how to achieve nano-size cubosomes samples using a very simple method, sonication, and the results showed that cubosomes is a promising drug delivery carrier in transdermal products. After 2 days presenting my poster, I was extremely happy when I received an award for Best Poster Paper Presenters.



IPNACS gave me a chance to share my research work to other people in different fields, also, I had a chance to know many research works from students and professors from other countries. I have learned a great deal from them, not even in pharmaceutical science but also in nutraceutical and cosmetic science. Also, I was really great to talk and share information to many people in English. I think all the experiences and advices from this conference will help me a lot for my future research and they make me to know more and learn more.

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